

# JANUARY NEWS

*studio reminders, events and more!*

Happy New Year! Here's to 2023! We have so many exciting things coming this year and we would like to thank all our wonderful Elevate flyers for making last year so incredible. We can't wait to spend another year with all of you and continue to grow as a community!



## CHEERS!

**Happy Birthday to all of our students/instructors  
born in December:**

- *Kenna Smith*
- *Lucia Rice*
- *Calia Smith*
- *Amina Shah*
- *Mirabelle Houser*
- *Amaya Guerra*
- *Ava Scott*
- *Mary Boatman*
- *Harper Heaney*
- *Olivia Altshuler*
- *McKenna Clarke*
- *Jovie Griepentrog*
- *Ben Turchi*

## IN THIS NEWSLETTER:



**Studio Reminders (Absences,  
Payment Policy, etc)**



**BIG ANNOUNCEMENTS**  
**New Classes, Tuition 2023,  
New Instructor**



**Holiday Hours!**  
**Dec. 31st & Jan. 1st**



**READ ON FOR THIS  
MONTH'S *CIRCUS FUN*  
*FACTS*. VISIT THE  
FRONT DESK & TELL US  
YOUR FAVORITE FACT  
TO GET A TREAT!**

# STUDIO REMINDERS

## 1. PAYMENT POLICY REMINDER

As we shift into the Winter, Elevate would like to remind you of our late payment policy:

**Tuition is due on the 1st of every month;** there is a **twenty-dollar late fee for all declined credit cards.** Please make sure your card is up to date on Jackrabbit's student portal or contact us directly to update your billing information.

## 2. Absences & Tardiness

We understand that life is busy and that things do come up. It is important to **communicate with the front desk if you will not be attending class at least 24 hours prior to the scheduled class date so that we can put you in an available make-up class. You can do this easily 3 different ways: send a text 714-642-8194, email [elevatehb@gmail.com](mailto:elevatehb@gmail.com), or stop by at the front desk. PLEASE NOTE, telling your instructor does not make you eligible for a make-up.**

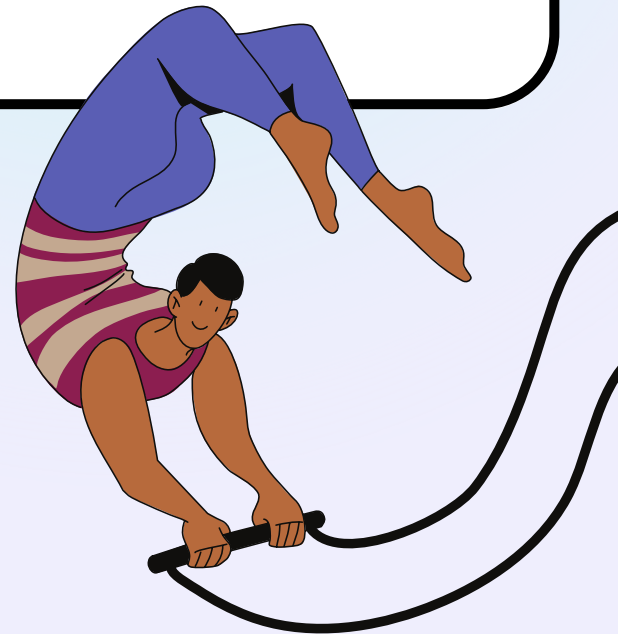
## 3. Sign Up for Elevate Remind Account

We know some of you prefer to receive news over text rather than email, so Elevate has recently opened a Remind account! This way you will receive text announcements of the big things happening here at the studio, such as workshops and shows!

To sign up copy the link into Google: [remind.com/join/8d38g72](https://remind.com/join/8d38g72) Or text [@8d38g72](https://www.instagram.com/8d38g72) to **81010**

# DON'T FORGET!

**HOLIDAY CLOSURE**  
DECEMBER 31ST AND JAN 1ST FOR NEW YEARS.





## *circus fun facts*

- ✓ In circus, the term "Aerial" refers to apparatus that is hung from a ceiling. Disciplines that most beginners are taught are rope, cube, hoop or lyra, trapeze, aerial silks or static, which is lower to the ground.
- ✓ Many performers carry a hair from an elephant's tail in their pocket for good luck.
- ✓ Alongside circus traditions, performers have developed many circus superstitions. For instance, both whistling backstage and entering the ring with your left foot are considered bad luck.

**Visit the front desk and share your favorite fun fact for a treat!**

# STUDIO ANNOUNCEMENTS

## TUITION FEES 2023

As we shift into the new year, Elevate will be updating the class pricing, effective January 1st, 2023. An email was sent out to you last month detailing the following price changes :

Wee Fly Class \$90/mo

Groundworks \$125/mo

Aerial Classes \$125/mo

Adult Drop In Classes \$35/class

1st Time Trial \$30

Adult Clip Cards \$120 for four classes

Adult Clip Cards \$300 for eleven classes

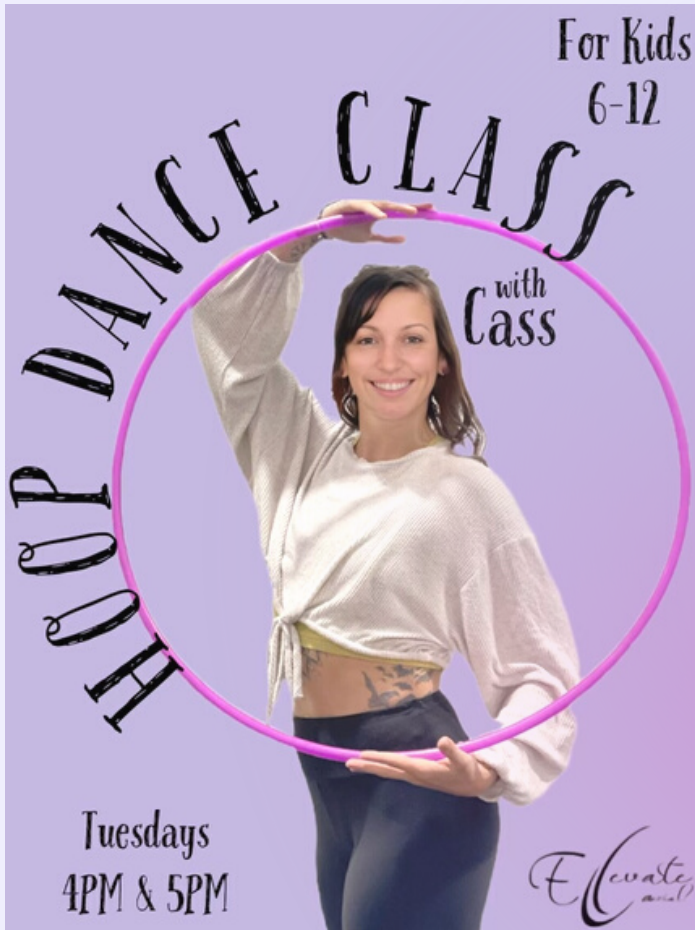
# NEW INSTRUCTOR ALERT



Alexander Rebara  
Alex has practiced several forms of  
acrobatics including, Parkour,  
Gymnastics, Breakdancing, and  
Tricking, for over 10 years!  
He fell in love with Parkour which led  
him on a journey through discovering  
multiple movement arts, including  
combat sports. He has been coaching  
since 2016.

WELCOME ALEX!





# NEW CLASSES

## HOOP DANCE

Hoop Dance is a mixed expressive art that combines the discipline, technique & elements of rhythmic gymnastics while integrating free flow movement dance (lyrical + ballet influence) and breathwork practices. It's a fun way to connect with a prop and ease your way into circus arts - that's also accessible at home and affordable!

## GROUNDWORKS WITH ALEX

**Tumbling is back on the schedule.  
Thursdays 9am- Wee Fly (ages 2-4)**

\*This is a mommy and me program.  
Explore and move.

**Wednesday 3:30-4:15pm (4-6yrs)  
Wednesday 4:30pm-5:30pm (6-9yrs)  
Thursday 4:00-5:00pm (9-13yrs)**

**Advanced Tumbling  
Monday 5:00-6:00p (13-18yrs)**

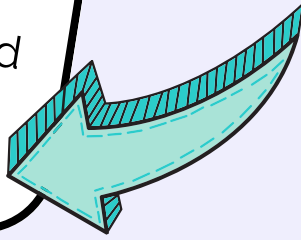
**Intro to Breakdancing  
Thursdays 5:00-6:00p**

**Alternate Acrobatics for adults  
(Ages 16+)**

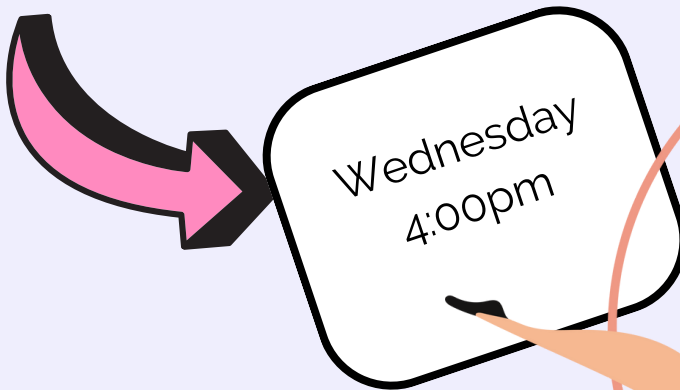


# NEW CIRCUS TRIX CLASS

Wednesday 5:00pm  
**ALL** 3 apparatuses and  
more



# NEW LYRA CLASS



Wednesday  
4:00pm



# LET'S CONNECT

**We're all about community building here at Elevate and we want to connect with YOU!  
You are within a safe space at Elevate where you can share what's on your mind...**

Send us your questions or topics to discuss!

Send an email to [info@elevatehb.com](mailto:info@elevatehb.com)  
with the Subject line: Topic/Question for discussion

Thank you for taking the time to read our most updated news.

We look forward to seeing you in the air!

Much gratitude, Jacque + Elevate Admin Team